

## EXTREME MACHINE Birthday Party STAR Pillow



### Materials:

- (2) Felt Rectangles \* (approx. 12" long x 9" wide)  
A selection of patterned and solid felt should be offered but guests should use 1 patterned and 1 solid
- (1) Felt Pocket Square (6" x 6")
- (1) Felt Appliqué Star
- (1) Stuffing
- (1) Piece of 4" x 4" stiff felt for practice

## Instructions

- Before the party:  
Set-up a sewing machine for each party guest.  
The machines should be threaded and ready to use when the guests arrive.
  - Use bright colored thread!
  - Upper thread and bobbin thread colors don't need to match
  - Insert full bobbins only
  - Set the machines to the slowest speed setting
  - Test the machines to make sure they all work!

Set up the light board with "Happy Birthday *name of guest*"

- Welcome Introduction (10 Mins)
  - Introduce yourself and guests
  - Goals for today
  - Studio Rules
  - Sewing Machine Safety Briefing (Octopus board)
- Have each guest select: (5 mins)
  - (2) Pillow pieces (one patterned and one solid),
  - (1) Pocket Square
  - (1) Star
- Intro to sewing machine (15 mins)
  - Demo using a piece of felt (4" x 4")
  - Give each party guest a piece of felt (4" x 4")
  - Have everyone lower the needle, lower the presser foot, straight stitch, pivot, raise the needle, raise the presser foot, pull the fabric out, cut the thread
  - Repeat once or twice before starting project
- Start the pillow (10 mins)
- Arrange and pin the Star Appliqué to the pocket piece (6" x 6").  
Stitch the Star Appliqué close to the edge.
- Arrange and pin the Pocket onto one of the Pillow pieces. (10 mins)  
Stitch 3 sides of the Pocket close to the edge.  
Remind them to keep the top opening unsewn.

- Sew pillow (10 mins)
  - Pin the Front and Back of the Pillow together, with WRONG sides together, the pocket opening facing upwards, and lining up all 4 edges.
  
  - Using a straight stitch, sew around the Pillow, 1/4" - 1/2" in from the edge. Demonstrate how to use the presser foot as a guide, by lining up the right side of the presser foot with the bag edge. Leave a 3" opening in the center of one edge for stuffing.
  
- Stuff the Pillow, using small handfuls of stuffing and making sure to push the stuffing into the corners. (10 mins)
  
- Stitch the opening closed (Instructors should do this part).
  
- If there is time left over, the party guests can:
  - Use fabric markers to embellish their project
  - Go around the room and have everyone talk a little bit about their project
  - Please do NOT start another project